Bactericidal Effects of Fosfomycin Against Daptomycin Resistant Strains of Staphylococcus aureus

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Background: Fosfomycin (FOM) and daptomycin (DAP) are two bactericidal antimicrobial agents, which inhibit different steps in the peptidoglycan synthesis and are frequently used in the therapy of serious Staph. aureus infections. However, recent literature references evidence of increasing rates of Staph. aureus resistance against DAP in the US and elsewhere. This development has been linked to the extensive or prolonged administration of vancomycin or other glycopeptide antibiotics to patients with deep-seated infections, to the critically ill or prosthetic implant recipients. Methods: In the present in vitro time-kill experiments, we used three clinical pairs of DAP-susceptible/resistant, methicillin-resistant Staph. aureus strains (A6298/A6300, A8819/A8819b, A6224/A6226) and investigated FOM's antimicrobial activity against these pairs of bacteria. Minimum inhibitory concentrations (MICs) were determined before and after completion of the experiments. FOM was used as mono-therapy and in combination with DAP at therapeutic concentrations varying between 10 - 100 µg/ml for FOS, and 1 - 10 µg/mL for unbound DAP. Broth media was supplemented with either 50 mg/L of calcium or 25 mg/L of glucose-6phosphate. Results: After an incubation period of 24 hrs FOM was able to reduce bacterial count of DAP-susceptible and DAP-resistant Staph aureus pairs by more than 3-log compared to the starting inoculum of approximately 5x10⁷ CFU/mL. DAP's MICs of Staph. aureus pairs were $\leq 0.5 \,\mu$ g/mL for the progenitor strain and ≥ 4 µg/mL for the DAP-resistant isolate. FOM was highly active against DAP-resistant Staph. aureus strains. In the present setting, the combination of DAP plus FOM did not further improve overall antimicrobial activity, suggesting that a synergistic or additive effect may not be detected for DAP-resistant Staph. aureus strains, if FOM and DAP are used in combination. Conclusion: At therapeutic concentrations, FOM killed DAP-resistant Staph. aureus strains highly effectively. FOM could therefore be considered a therapeutic option in treating these types of infections.